

## *Answer Key – THE MUSCLES*

### **Fill in the blanks then move your muscles.**

1. Your biceps are in the **upper** part of your arm. Can you make your biceps flex (bulge)?
2. The tendon on your **heel** is called ‘Achilles tendon’. Feel your Achilles tendon. It is the fibrous cord that connects the muscles of the calf to your **heel** bone. Move your foot up and down to feel the Achilles tendon.
3. The **masseter** is a muscle of your cheek and used when moving your jaw. Put your hands on your cheeks and make facial movements to feel your **masseter**.

### **Underline the 9 mistakes.**

When Chris **decided** to do some bodybuilding he had no idea that his **biceps** would get to the size they did. **Enormous** muscles soon bulged under his shirt and he was asked to **model** for a television **commercial**. He was paid **considerably** for his **efforts** and he **enjoyed** all the **attention** he received.

### **Outcomes:**

Science – the human body, the muscles

English – word recognition, reading, writing, spelling

### **Extra Suggested Activities:**

*Online spelling activity:*

[http://www.teachingtreasures.com.au/spelling\\_mistake.htm](http://www.teachingtreasures.com.au/spelling_mistake.htm)

*General science knowledge quiz online:*

[http://www.teachingtreasures.com.au/science\\_quiz.html](http://www.teachingtreasures.com.au/science_quiz.html)